

Alexandra D. Ruuska

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EDUCATION

University of North Texas

Denton, TX

College of Arts and Sciences

Bachelor of Science, Biology

May 2015

Bachelor of Science, Psychology

May 2014

Cumulative GPA: 3.73

Psychology Cumulative GPA: 3.75

Honors:

- Dean's List December 2012
- Frank M. Feigert Award for Outstanding First Year Honors College Student May 2012
- Emerald Eagle Scholars program August 2011-Present
- Honors College August 2011-Present
- President's List December 2011

Leadership and Activities:

- Center for Psychosocial Health Undergraduate Research Assistant December 2012-Present
- Alpha Lambda Delta, UNT chapter April 2012-Present
- Volunteer Tutor in Psychology, Government, Sociology, Chemistry, Algebra, and other subjects August 2011-Present
- Alpha Epsilon Delta Pre-Medical Honor Society October 2011-Present
- HOSA Member; received training in HIPAA confidentiality rules, CPR certification August 2008-May 2011

Scholarships:

- UNT Board of Regents Scholarship: \$24,000 August 2011-Present
- Emerald Eagle Award: \$8000 August 2011-Present
- Distinguished Freshman Scholarship: \$2,500 August 2011
- THECB Top 10% Scholarship: \$2000 January 2012
- Baylor Medical Center Auxiliary Scholarship: \$2000 May 2011
- Scottish Rite Scholarship: \$1000 May 2011
- Educational Foundation Scholarship: \$750 May 2011
- Coca-Cola Scholarship: \$125 May 2011

Field-Relevant Coursework: Psychosocial Adjustment, Adult Development and Aging, Human Sexual Behavior, Honors Introduction to Sociology, Honors Introduction to Research: A Multidisciplinary Approach, Quantitative Methods, General Chemistry I & II, Biology I & II, Introduction to Psychology I & II, Calculus I

Research Interests: Cognitive Psychology, LGBT communities, Neuropsychiatry, effectiveness of clinical interventions, holistic medicine, existential therapy, health & wellness

Skills and Training: SPSS, General research and article acquisition, literature review, research prospectus writing, poster construction, NIH human subjects training certification, interviewing and qualitative data collection

FIELD EXPERIENCE

Medical City Hospital

Dallas, TX

Craniofacial Department

Medical Photography Assistant

June-August 2010&2011

- Captured and edited medical photographs of patients with craniofacial conditions
- Held patients' attention for photo shoots by speaking with them and alerting to specific poses the surgeons required
- Spoke with parents about the procedure to aid in their comfort

Various Departments

General Clinical Rotation Student

August 2009-May 2010

- Shadowed physicians, nurses, and other healthcare professionals as they completed daily rounds, spoke with and administered care to patients, and handled emergency situations
- Invited and observed the professionals' and patients' perspectives on the responsibilities of their professions, the difficulties of their individual lives, and the ethics of care

Presbyterian Hospital
Department of Psychiatry
Eating Disorder Unit

Dallas, TX

Independent Student of Psychiatry

August 2010-May 2011

- Observed meetings between medical and social healthcare professionals as they discussed the details of patients' cases and formulated solutions to social, psychological, and emotional obstacles
- Studied a variety of therapeutic sessions including group counseling and art therapy
- Discussed individual-specific and broad problems with patients including those related to substance abuse, eating disorders, mental illness, personality disorders, and problems of daily living

South Garland High School

Colonel Tribune Editor-in-Chief, Reporter, Editorialist, and Advice Columnist

August 2008-May 2011

- Developed quickness and precision in qualitative data collection
- Interviewed members of socioeconomically disadvantaged communities regarding financial troubles, access to resources, personal maladies, and education
- Encouraged comfortable, open conversation with faculty, students, city personnel, school employees, and others toward the end of accurate reporting
- Researched and reported on numerous local, national, and personal issues
- Surveyed students regarding their satisfaction with school programs and social dynamics
- Honored confidentiality agreements